



USA JUMP STARS[®]

Jump Rope Club

Sacred Heart Parish School

Wednesdays

CLUB: 8 CLASSES OCTOBER 5TH – DECEMBER 14TH 3:00-4:00

10/5, 10/12, 10/26, 11/2, 11/16, 11/30, 12/7, 12/14

No Class 10/19 – Minimum Day

No Class 11/19 – Parent Teacher Conferences

No Class 11/23 – Thanksgiving Holiday

CLUB COST- \$80

**CLUB MEMBERS WILL PUT ON A PERFORMANCE FOR FAMILY AND FRIENDS ON
DECEMBER 14TH**

Jump ropes provided for class and available for purchase to take home

Grades: 1 - 8

Bring a smile and we will teach you to jump rope!

Learn single rope, 2 person 1 rope, Chinese wheel, traveler, double dutch, and long rope skills.

Wear work out clothing and good jumping shoes

Please detach and mail to:

USA Jump Stars

P.O. Box 1135

Imperial Beach, Ca. 91932

Please make checks payable to USA Jump Stars

Sacred Heart Parish School Fall 2011-2012

Participant's name _____ Grade _____

Address _____

Guardian _____ -Hm Phone _____

Wk Phone _____ - Cell Phone _____

E-mail _____

Emergency contact _____ Phone # _____

I give my child, _____ permission to participate in the USA Jump Stars program. I have arranged transportation for my child to and from the school. I release USA Jump Stars from all claims and responsibility arising from any injury to my child resulting from participation during this USA Jump Stars program.

Please call or e-mail Melinda Everett for questions. 619-851-6880. Melindae123@yahoo.com

USA Jump Stars \$80

Parent's signature